

**[FREE WEBINAR]****Enrol Now**

THE MINDFUL LEADER'S EDGE: HOW TO LEAD WITH CALM, CLARITY & CHOICE

**28 January 2026 (Wednesday)****1:00pm - 2:00pm****CPD Hours: 1****Cantonese and Mandarin**

In a world of constant change and pressure, your most critical leadership skill is your inner stability.

Join us for a free, insightful webinar to discover how integrating cutting-edge leadership science with ancient mindfulness wisdom can transform your effectiveness and well-being.

KEY TAKEAWAY

- ✓ **The Business Case for Mindfulness:**
Why it's a critical skill for modern talent development
- ✓ **The Leadership Trait Continuum:**
Understand your strengths and their hidden pitfalls
- ✓ **A Practical Mindfulness Tool:**
Experience a simple, powerful Buddhist-inspired practice to stay calm and conscious amidst chaos
- ✓ **The Integration Blueprint:**
See how leadership models, Western psychology, and Buddhist wisdom combine for powerful personal growth

**Speaker
Kelvin NG**

- 30+ years of cross-industry experience in leadership & organisational development
- 10+ years of experience in mindfulness practice
- Certified Trainer, ATD, Global Leadership Foundation™, ENS International, MBTI, Hogan
- Master Degree in HRM & Training (Leicester University)

**Speaker
Iris FU**

- 15+ years of cross-field experience in business management, consulting, and Buddhist counselling
- Trainer, Centre for Buddhist Counselling and Meditation Guidance (HKU)
- Certified Coach, Erickson Professional Coach Certification
- Master of Buddhist Counselling (University of Hong Kong)

WHY ATTEND?

- "Meditation has probably been the single most important reason for whatever success I've had." — Ray Dalio, Founder of Bridgewater Associates
- 「登山、禪修，都是修行。...禪修讓我學會控制情緒，保持專注。」 — 王石，萬科集團創始人

